



TEAM REGISTRATION PACKET

Dragon boat racing dates back centuries to China. The sport has been part of the Portland Metro Area for nearly 25 years. There are hundreds of teams here and more forming each year. The sport is all inclusive which makes it ideal to team building. Even a person who has never been in a boat can be paddling in less than 30 minutes. Paddle for Life is a dragon boat event that supports local charities and this year will be benefitting *Clark County Veterans Assistance Center (CCVAC)*.

The mission statement of Clark County Veterans Assistance Center:

The Clark County Veterans Assistance Centers mission is to provide a welcoming and safe environment with the goal of assisting Veterans and their families in obtaining benefits, services and resources to meet their basic needs. Clark County Veterans Assistance Center strives to support the reintegration of male and female military Veterans into the community.

For more information on Clark County Veterans Assistance Center and what they do, visit their website [here](#).

So, gather a few co-workers, friends, spouses, etc. and enter a team! We won't guarantee you will win, but we will guarantee it will be fun!

Club team registration see page 2.

Community team registration see page 3.

Note: There is plenty of parking space at Vancouver Lake Regional Park. Clark County has initiated parking fees to be paid in cash. (\$2 motorcycle, \$3 car, \$6 vehicle w/trailer, \$8 bus or motorhome.)

Clark County Park regulations stipulate that no dogs are allowed on the park turf or beach. Dogs are only allowed on the paved pathway through the park.

Club Team Registration

Team Name: _____

Sponsor/Organization Name: _____

Team Captain/Manager Contact: _____

E-Mail Required: _____

Home Phone: _____ Work: _____ Cell: _____

Address Street: _____ City: _____

State: _____ Zip: _____

Registration:

Club Team Registration Race fees:

Ten paddler boat: \$275 by May 1st [Locks in the early bird registration for your team]

Twenty paddler boat: \$550 by May 1st [Locks in the early bird registration for your team]

After May 1st:

Ten paddler boat: \$325

Twenty paddler boat: \$650

Returning registered teams from the October 1st, 2016 Paddle West event will receive a reduced registration fee of:

Ten paddler boat: \$248

Twenty paddler boat: \$495

Additional charitable team donation for Clark County Veterans Assistance Center enclosed: _____

Please make checks payable to: **Paddle for Life**

Mail Checks to:

Paddle for Life

C/O Blanche Grimes

5615 SE Scenic Lane, Unit 204

Vancouver, WA 98661

Because this a charity event, registration payments are not refundable. We appreciate your cooperation and consideration.

Community Team Registration

Team Name: _____

Sponsor/Organization Name: _____

Team Captain/Manager Contact: _____

E-Mail Required: _____

Home Phone: _____ Work: _____ Cell: _____

Address Street: _____ City: _____

State: _____ Zip: _____

Registration:

Community Team Registration Race fees:

Race fees includes, two one-hour practice sessions with experienced helm and coach, team t-shirt for each participant, and a fun day of racing.

\$40 per paddler (Note: Full registration payment to be submitted by team captain)

Additional charitable team donation for Clark County Veterans Assistance Center enclosed: _____

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Team/Personal Biography

(Registration is not complete without everyone getting to know about your fabulous team)

Team Name: _____

Company Name/Sponsor: _____

Team Captain: _____

Team Hometown - City: _____ State/Province: _____

Please write a little about your team. What brought your team together, who you represent, what the team goals are, any achievements/awards received, any rivals you may have, why you picked your team name, that sort of thing. Keep it clean, this is a family event!

WE NEED HUMAN INTEREST STORIES!

Teams: Novices will race against each other in the Community Division. Racing is in 10 paddler boats, so it is easy to field a team. We'll even help you find paddlers if needed. For the 10 paddler boats, teams can be up to 15 people.

The Community division is mixed-gender racing. You must have at least five women paddlers in the boat for each race. More women, even all women are fine, or a mixed team of women and men. You can have your own drummer or use one of ours. A coach/helm will be provided. Minimum age for a team member is 13 years old.

The Competitive Division for club teams will race in both All-Women's and Mixed Divisions in both 10 and 20 paddler boats (For mixed teams, a maximum 5 men for a small boat and 10 men for a big boat). Races are 250m and the 2K Gladiator race.

Race Venue and Course: This year's Paddle for Life event will be at Vancouver Lake Regional Park located at 6801 NW Lower River Road, Vancouver, WA 98660. The races will be held at the south end of the park where the beach is located. The race course is 250m.

Event Schedule: Teams should arrive by 7:30am to check-in, set-up and warm-up. Community teams will race twice in the morning. The club teams will be racing all day. Racing will go fast so be ready! The best racing is always at the end so plan on staying all day. The awards ceremony will begin 30 minutes after the last race ends and the boats are put away.

Race Bracketing: TENTATIVE race bracketing and schedules will be e-mailed to the team captains about 5 days before the event. This is subject to change with the addition of late registering teams. The OFFICIAL copy will be distributed on the morning of the races.

Boats & Equipment: All boats, paddles and life jackets will be provided. Paddlers may use their own life jackets (must be passive, not inflatable) and their own approved dragon boat paddles. Just dress to get splashed.

Community Practice Location & Schedule: Practices will be held at Vancouver Lake Aquatic Center. Closer to the event date, team captains will be provided with a practice schedule and directions. Each community team will get two practices before the event. Dress to get wet and have fun. Each practice includes a coach and helms person to help you prepare. Registration fees must be paid before your team can start practicing. Practice time slots will be given per the order in which teams register, so the earlier the better. Each paddler must complete and sign a waiver form prior to stepping on a boat for practice and/or racing. Waivers are available at paddleforlife.org. Some practice sites may require a separate form be completed in addition to the race waiver.

Volunteering

We welcome all to come out and volunteer. All volunteers will receive a Paddle for Life shirt and a chance to go out for a spin in a dragon boat! Please contact Dani Ramirez at vlacdragonboater@gmail.com to sign up.

Paddle for Life is a Fundraiser

Clark County Veterans Assistance Center provides a welcoming and safe environment with the goal of assisting Veterans and their families in obtaining benefits, services and resources to meet their basic needs.

We Need Your Support

It is simple. Each person is asked to raise \$100 in tax-deductible donations. This donation goes DIRECTLY to *Clark County Veterans Assistance Center*. Receipts for your tax-deductible donation will be provided at the event.

Talk with friends, family and co-workers and ask them to donate \$10 to \$50 each. Remember all of the candy bars and discount books you've bought from their kids over the years? Payback time! The gift is tax deductible and stays in the community to help local Veterans.

The team that raises the most in donations will receive 50% off their 2018 registration fee.

No one is required to solicit donations to participate in this dragon boat event.

Donation Payment Options

Please ensure all checks are made payable to Paddle for Life. Prior to the event, donations can be made at paddleforlife.org. Credit card and cash donations are accepted at the registration tent the day of the event.

Team Roster/Waiver Agreement

Only those competitors named on the Team Roster will be issued a competitor's wrist band and be permitted to race.

Team Name _____

Team Captain _____

Team Leader Cell # _____

Each team participant must read the accompanying liability release and waiver agreement.

By signing below, the undersigned certifies that the undersigned has read, understands and agrees to the terms herein.

This roster/waiver agreement must be received no later than June 15th, 2017. Last minute team additions/changes can be submitted the day of the event at the registration tent.

PRINT NAME	SIGNATURE	DATE
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Team Leaders Declaration: In accordance with IDBF Competition Regulations we certify that those competitors listed above are fit to race and will remain fit to race during the competition. Fit to race means the competitors are physically able to race and that there are no known medical or other reasons why the competitors listed should not compete.

Team Captain: _____
 (Print) (Signature) (Date)

Contact Information

Paddle for Life Website: <http://paddleforlife.org>

Team Registration:

General questions about the registration process contact Blanche Grimes at kealani2@comcast.net or Gail Liberman at gail@dragoncyclers.com.

Mail Checks, Registration forms and Donations to:

Paddle for Life
C/O Blanche Grimes
5615 SE Scenic Lane, Unit 204
Vancouver, WA 98661

Team Biography:

If your team biography has a unique human-interest story email Blanche Grimes at kealani2@comcast.net.

Volunteering:

We welcome all to come out and volunteer. All volunteers will receive a Paddle for Life shirt, and a chance to go out for a spin in a dragon boat! Please contact Dani Ramirez at vlacdragonboater@gmail.com to sign up.

Corporate/Community Team Practice Sessions with Coach:

To schedule your team's two practice sessions, contact TBD.